

Physiotherapy Self Referral Form

Surname	Forename
Address	Date of Birth
	Phone No. (home)
Post Code	Phone No. (mobile/work)
GP's name	Surgery name
Please give a brief description of your current problem you would like to be seen for:	

How long have you had this problem?

Are you currently off work due to this particular problem?

Yes No

How long have you been off for? _____

Are you unable to care for a dependant because of this particular problem?

Yes No

If you are referring yourself because of back or neck pain have you noticed any pins and needles or numbness sensations?

Yes No

Please turn over to finish completing form

If you are referring yourself because of back or neck pain have you noticed any significant weakness in your legs or arms?

Yes No

If you are referring yourself because of back pain have you noticed any significant change in your bladder or bowel function?

Yes No

Do you need physiotherapy?

We are trying out a new way for you to get an appointment to see a physiotherapist at Burnham on Sea Hospital. It is now possible for you to refer yourself to see a physiotherapist without needing to see your doctor first.

You are able to do this if you are a patient registered with either Burnham Medical Centre or Highbridge Medical Centre. All you need to do is to complete the form on the opposite side of the sheet and take it, or send it, to Burnham on Sea War Memorial Hospital Physiotherapy Department.

Who is self-referral physiotherapy for?

Physiotherapists treat a wide range of conditions in a variety of settings. This self-referral scheme is for all patients over the age of 16 who have a musculoskeletal condition, ie. back/neck pain, strains and sprains, sports injuries or who are recovering from recent orthopaedic surgery such as a knee replacement or shoulder operation.

The self-referral scheme is not currently run for patients with a neurological condition, women's health problem (such as incontinence), or for patients with significant mobility problems/falls. If you do have one of these problems your GP will be able to refer you on to the appropriate service to access a physiotherapist.

What can physiotherapists do?

Physiotherapists are specialists in musculoskeletal conditions and are able to assess, diagnose and advise you on ways of helping you manage your condition.

Please complete the front of this form to return it to:

The Physiotherapy Department, Burnham on Sea War Memorial Hospital
Love Lane, BOS, TA8 1ED - 01278 773108